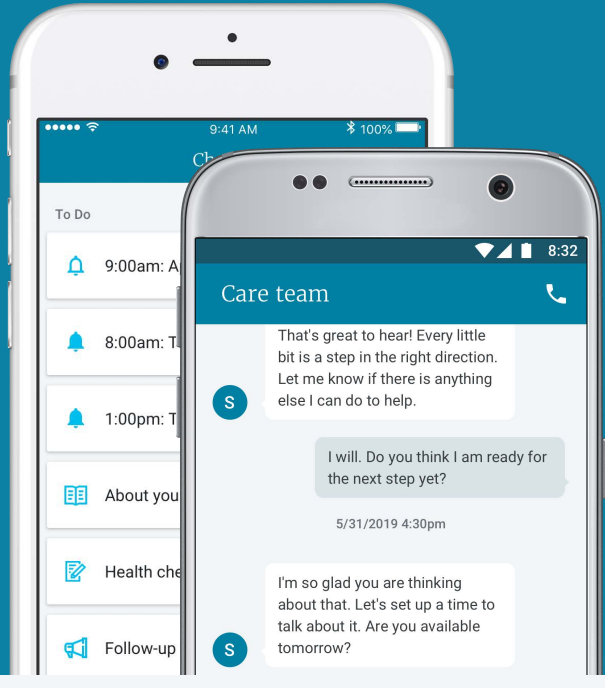


Empowering patients to improve their own health



Meet Joe



- Retired engineer
- Medicare member
- Just joined the Wellframe program

Meet Joe's care team



Excellus Nurse Case Manager



Excellus Dietician



Wellframe Health Advocate

Knowing where to start

When it comes to managing a chronic condition, it's hard to figure out where to begin. So Joe's case manager enrolls him in a Wellframe Diabetes program that turns health maintenance into an interactive, educational daily to-do list available on his mobile device.

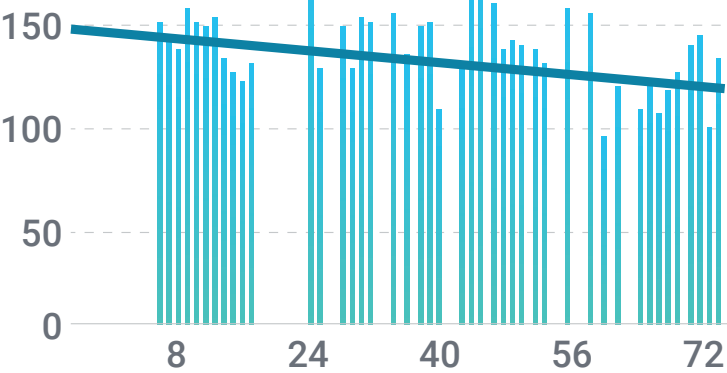
"I want to get my newly diagnosed diabetes under control. I know what I'm supposed to do, but knowing and doing are two different things."



Nurse Case Manager enrolls Joe in Wellframe Diabetes program

Uncovering insights

Joe regularly reports his daily blood glucose to his care team. After a few weeks, he discovers a diet trend he might not have otherwise realized. Joe shares this insight with his dietician, who suggests a change.



Joe adjusts his Friday-night diet to improve his Saturday blood sugars.



Dietician suggest an alternative to Joe's diet

Building a supportive relationship

Joe's case manager provides that extra motivation by recommending a personalized, evidence-based fitness program to help him incorporate physical activity into his lifestyle.

"As far as exercise goes, I think I need a kick in the butt to get going. Any volunteers?"



Nurse Case Manager recommends personalized fitness program

Closing care gaps at 3-month checkup

- A1C GAP IN CARE CLOSED**
Drop from 9.0 to 6.5
- TRIGLYCERIDES IMPROVED**
Drop from 600 to 300
- BLOOD PRESSURE IMPROVED**
Reduced to 118/52

"I had the best doctor's appointment in my life... These results are because of all of you who got me started, gave me the information I needed, and kept me going along the way. Thank you."



Joe stays engaged through Wellframe

12+

WEEKS OF ENGAGEMENT (& COUNTING!)

46

MESSAGES EXCHANGED

7+

TOUCH POINTS PER WEEK

4

SUCCESSFUL PHONE CALLS

SELF-EFFICACY:
"I am in control of my health"

9/10

SUPPORT:
"I feel connected to my care team."

9/10

SATISFACTION:
"How likely are you to recommend Wellframe to a family member or friend?"

10/10

The Wellframe digital health management solution supports the comprehensive needs of people beyond the walls of care delivery.

Wellframe translates evidence-based, peer-reviewed guidelines and literature into an interactive daily checklist delivered to patients through the Wellframe mobile app. As patients engage with the Wellframe app, their data is shared in real time with their care team through the care team dashboard, which utilizes advanced algorithms to generate early intervention alerts. With secure two-way messaging, Wellframe facilitates long-term, trusted relationships between patients and care teams.